



SUNRISE
ROTARY
 NEWPORT BEACH, CA



April 25, 2009

Vol. 1 No. 5

2009 Vocational Service Update

Your Vocational Service Committee:
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The Success Workshops continued on April 25, 2009. In this workshop we continued to work on the self presentation skills otherwise known as the "Elevator Speech". Later, we talked about how to develop S.M.A.R.T. Goals. This is an acronym for specific, measureable, attainable, realistic and timely. We considered examples of each and then began talking about money management and budgeting. We examined a budget created by "Sam". After Sam achieved his goals of reentering the workforce, he set up his budget. Quickly, he realized that his budget called for an income of \$1900.00 per month and he only made \$1800.00 per month. His dilemma? Does he cut something in his budget or does he simply augment his income in some way? Our Coaches were somewhat divided on the issue. This all led to an interesting discussion about budgeting and how to spend money wisely. Our guest coaches were Caroline Babott, Donna Cody and Reniero Francisco. All did a terrific job and we thank them for their time.





Next week we will begin the workshop with managing credit and opportunities available for credit counseling. Then we will begin to look at different types of interview questions and begin discussing appropriate responses. Finally we will present a video produced by Men's Wearhouse on how to "dress for success". "Success Day at Working Wardrobes will be the following week where they will be picking out their business attire.

Workshops:

March 28: Skills Identification

April 4: Master Application

April 18: "Elevator Speeches"

April 25: Money and You

May 2: Interviewing Skills

May 9: Success Day

May 16: Acknowledgement/Graduation



SERVICE Above Self