



NEWPORT BEACH SUNRISE ROTARY CLUB Reflections at Sunrise

President Reniero Francisco	Fellowship Tammy McKennon	Community Svc. Gordon Bagne
Secretary Donna Cody	Membership Thomas Giullioni	Internat'l Fndn. Richard Hanki
Treasurer Christina Holliday	Programs Cynthia Cowell	International Svc. Sylvia Michler
Club Adm. Tom Egan	Finemaster Jerry Barrone	Public Relations Laura Dietz
Bulletin Caroline Babott	Sgt.at Arms Bill Robbins	Arch'vs, Web Site Tom Egan

President Reniero Francisco called the meeting to order at 7:30 AM on September 7, 2010. John Hedlund gave the invocation, Rudy Baron led the pledge, and Cynthia Cowell led us in song.



President Reniero Francisco

CELEBRATE THE HEART OF ROTARY

Fifty Things You Need to Do Before You Die

No. 10 See and/or climb the Eiffel Tower

Clare Taber entertained us with a bit of humor and John Goodlad gave us some great "observations".



Clare Taber

Octoberfest Event

Save the date of Sunday, October 17th for an Octoberfest/lawn bowling party with brats/beer/etc. More information will be provided as plans are completed.

Assignments

	<u>Sept 14</u>	<u>Sept 21</u>
Greeter	Bailey	Bailey
Invocation	Hedlund	Thweatt
Pledge	Green	Babott
Song	Reynolds	Kennedy

Rotary Calendar

Sept 14 Dr. Marcia Whalen
 Sept 15 Board Meeting, 7:30 am at Coco's, CDM
 Sept 21 District Governor
 Sept 28 Orange County Sheriff, Sandra Hutchens
 Oct 5 Club Assembly
 Oct 12 Superintendent, Newport Mesa Schools
 Oct 17 Octoberfest Party
 Oct 19 Sylvia Michler, Africa Girls Project
 Oct 20 Board Meeting, 7:30 am at Coco's, CDM
 Oct 26 Scott Paulsen at OASIS Senior Center (to be finalized)
 Nov 2 TBD
 Nov 9 TBD
 Nov 16 Roger McGonagle, Rotary Foundation
 Nov 17 Board Meeting, 7:30 am at Coco's, CDM
 Nov 23 Keith Curry, State of the City
 Nov 30 TBD
 Dec 7 Meeting at Hoag Hospital (to be finalized)
 Dec 14 Club Assembly
 Dec 15 Board Meeting, 7:30 am at Coco's, CDM
 Dec 21 TBD

Dec 28 **Dark**

Visiting Rotarians and Guests

Dan Karpnal, Guest



Tom Birch, John Gregg and guest Dan Karpnal

Joint Meeting with Newport-Irvine Rotary

Discussions are underway to hold a joint meeting with Newport-Irvine Rotary on Wednesday, October 20, at 12 noon at the Balboa Bay Club. If this comes about our Club will not meet on October 19th.

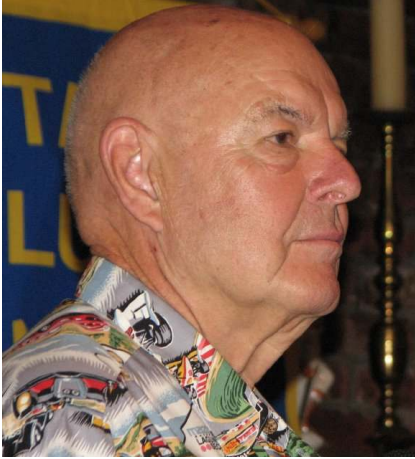
Back Bay Cleanup

President Reniero Francisco reminded us about the Back Bay Cleanup is scheduled for Saturday, September 25th. Volunteers are needed so if you did not sign up let President Francisco know.

Fines and Happy Dollars

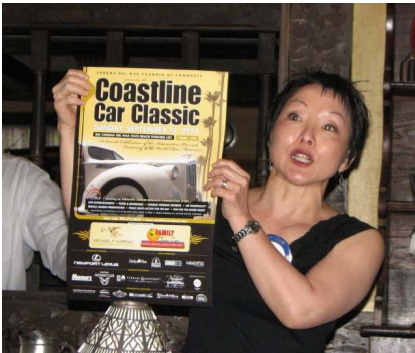
Fine Master Jerry Barrone announced that Gil Thweatt was our silent greeter. John Gregg paid \$50 Happy Dollars as his granddaughter was Rookie of the Week in volleyball. Jerry himself paid \$5 for something UCLA did!! Cynthia Cowell announced that her nephew is clear of cancer. Congratulations. Bob Lind took his grandson to Hawaii for his 6th grade graduation and for USC's win over Hawaii paid \$100 Happy Dollars. He also commented on

how well behaved and dressed all the kids were at the hotel.



Fine Master Jerry Barrone

[Coastline Car Classic](#)



Donna Cody

Donna Coty announced that it was our last chance to purchase tickets to the Corona Del Mar Chamber of Commerce 7th annual Coastline Car Classic on Sunday, Sept 12, 2010, from 10 am to 4 pm at Big Corona Del Mar State Beach Parking Lot, which will feature 150 world-class motorcars.

[Pictures for the Rotary Directory](#)

Tom Egan announced that the District 5320 Rotary Directory needs your pictures for the online directory. Please see Tom to arrange for him to take your pictures if you have not already done so.

[Raffle Prize](#)

President Reniero Francisco announced that the winner of the Ace of Spaces drawing will win

dinner for 2 hosted by him and his lovely wife, Cynthia at Flemings, Roys or other such great restaurant.

[How to Speak so People Will Listen](#)

Cynthia Cowell introduced Andrea Heiden, MS, a licensed Marriage and Family Therapist who has for more than 20 years been dedicated to helping people create more satisfying and fulfilling relationships . . . and happier lives.



Andrea Heiden, MS

Did you know that there were simple secrets to getting people to listen? First, be a better listener yourself. Give your undivided attention. Pay attention to the tone of their words, facial and body language. Clarify what they said. Did you know that most people don't hear criticism, so speak more words of appreciation, then give your words of criticism. Always share your communication with kindness and respect.

Ms Heiden also pulled a raffle ticket for a car coffee mug she brought which was won by Caroline Babott.

A book will be donated to Newport Beach Library in the name of Andrea Heiden MS.



John Goodlad and Joe Bailey

[Club Website](#)

www.newportbeachsunriserotary.org

[2008-2009 District 5320](#)

District Governor: Johrita Solari

District 5320 Office:

Jim deBoom PDG

District Website: www.rotary5320.org

[Need a Make-up? Try:](#)

Newport Irvine Rotary Club on Thursdays at 12 noon at the University Club on the UCI Campus.

Newport Balboa Rotary Club on Wednesdays at the Bahia Corinthian Yacht Club, 1601 Bayside Dr., Newport Beach at 6:15 PM.

Laguna Beach Rotary Club on Fridays at 12:15 at Aliso Creek Inn, 31103 Pacific Coast Hwy, Laguna Beach, CA.

Costa Mesa Rotary Club on Wednesday evening 5:15 – 6:45 PM at the Ramada Inn and Suites, 1680 Superior Avenue, Costa Mesa.

[Privacy](#)

Any Club members desiring not to have their picture published in the newsletter should notify Caroline B. Babott, newsletter editor.