	NEWPORT BEACH SUNRISE ROTARY CLUB					
	<h2 style="margin: 0;">Reflections at Sunrise</h2>					
President	Tim Brown	Fellowship	Jerry Barrone	Community Svc.	Syd Lucas	
Secretary	Cal Wallace	Membership	Reniero Francisco	Internat'l Fndn.	Christina Holliday	
Treasurer	Sylvia Michler	Programs	P. Iles, C. Cowell	International Svc.	Price Shapiro	
Club Adm.	Kim . McKinney	Finemaster	Jeff Heileson	Public Relations	Laura Dietz	
Bulletin	Caroline Babott	Sgt. at Arms	Craig Fults	Arch'vs, Web Site	Tom Egan	

President Tim Brown rang the bell at 7:30 AM to open the meeting on November 3, 2009. He thanked Jill, Margo, and the Five Crowns staff for the set up.



President Tim Brown

Chuck Hirsch gave the invocation followed by Craig Kennedy who led the pledge. Kimberly McKinney led us in song.



Busy Morning

On this Day – November 3

President Tim Brown enlightened us with milestones that occurred on November 3rd.

THE FUTURE OF ROTARY IS IN YOUR HANDS

Chuck Hirsch entertained us with his humor.

Assignments

	<u>Nov 10</u>	<u>Nov 17</u>
Invocation	Longyear	Cockley
Pledge	Babott	Molina
Song	Gregg	Lucas



Carl Lachman and District Governor-Elect Johrita Solari

Rotary Calendar

- Nov 10 Dick Ackerman, Former State Senator
- Nov 17 Thomas H. Johnson, The Daily Voice
- Nov 24 James Gray, Retired Judge
- Dec 1 Dave Kiff, City Manager, City of Newport Beach
- Dec 8 Monica Benable, Underage Drinking
- Dec 15 Club Assembly
- Dec 22 **DARK**
- Dec 29 **DARK**

Announcements

Quarterly Club dues for the period October 1 to December 31, 2009 are now due and payable.

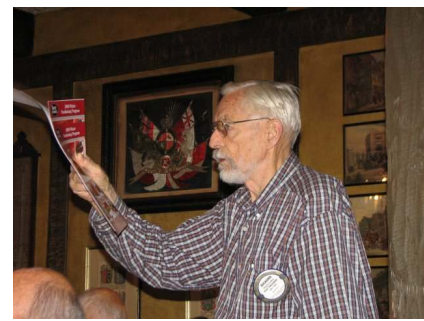
The **annual Christmas Party** is scheduled for Friday December 18th at the home of John Goodlad. The estimated cost is \$35-\$50 per person. Sixty-one members and guests have signed up to date. More details to follow.

Rotary Foundation Dinner is scheduled for November 7th at the Hilton, Irvine. Check the District web site for more information. The cost is \$75 per person.

District Online Directory

Tom Egan is taking member's picture for inclusion in the District 5320 online directory. Tom will be in the Five Crowns lobby after our weekly meetings to take members pictures. Cal Wallace will insert them into the directory. Every member should have received his individual password number from the District. If you did not, please let Cal know and he will attempt to get for you.

See's Thanksgiving and Christmas Candy



Dick Cooling

Its time to place your See's Candy orders. Order blanks are now available and Richard Cooling will start picking up orders at the next meetings, so please get your Thanksgiving and Christmas orders in. Remember that Sees Candy is a good fundraiser for our Club so spread the sweetness!

Environmental Committee Report by Lynne Hayes

On Saturday, November 7th, from 4 pm to 7 pm the Interpretive Center at 2301 University Drive (Upper Newport Bay), Newport Beach will be having a tour

entitled “**Sunset Celebration at the Back Bay**”. The cost is only \$15 per person. Please call 949-640-6712 to make reservations.

Fines



Fine Master Jeff Heileson

Fine Master Jeff Heileson had slim pickings today but he was able to catch Laura Dietz and Lynne Hayes.



Cynthia Cowell and her sister visiting from Texas

How do you know? (If you have Alzheimer’s)”



Dennis Fortier

Speaker Dennis Fortier, President, and CEO of Medical Care Corp. Spoke on Alzheimer’s Disease (AD) and how do you know you have it.

More than AD can cause dementia. Other sources are, for example, strokes, Parkinson’s disease, alcohol abuse, diabetes, brain injury, and depressive pseudodementia.

It takes two ... actually three ... to tango: just having memory loss doesn’t mean you have dementia. You need to have something else that’s gone awry in the realm of cognition, AND the combination interferes with daily life. Examples of other cognitive functions: executive functions, verbal fluency, and judgment.

AD has an average timeline of 14 years from onset to death. The first seven years are generally symptom-free, and, consequently, difficult to diagnose. However, if detected then, this period can be extended about half again for a total of about 10-1/2 years.

There do exist standardized recall tests physicians can use that are about 50% successful at uncovering early-stage AD. Further research has produced a way of analyzing the standardized recall test results that improves diagnosing accuracy to about 95%. The speaker’s company provides this patented capability to physicians, usually primary care physicians. Medicare covers the cost.

The test is also available on a non-insurance basis either through Medical Care Corp. or Rotarian John Clark’s Senior Advisors Network. Results are mailed directly to you.

A book will be donated to the Newport Beach Library in the name of Dennis Fortier.

Club Website

www.newportbeachsunriserotary.org

2008-2009 District 5320

District Governor: Bret Gerdes

District 5320 Office:

Jim deBoom PDG

District Website: www.rotary5320.org

User Name: Rotarian

Password rotary5320

Need a Make-up? Try:

Newport Irvine Rotary Club on Thursdays at 12 noon at the University Club on the UCI Campus

Newport Balboa Rotary Club on Wednesdays at the Bahia Corinthian Yacht Club, 1601 Bayside Dr., Newport Beach at 6:15 PM.

Laguna Beach Rotary Club on Fridays at 12:15 at Aliso Creek Inn, 31103 Pacific Coast Hwy, Laguna Beach, CA.

Costa Mesa on Wednesday evening 5pm to 7 pm (no dinner) at Metro Court, 555 Anton, Ste 150, ground floor, Costa Mesa.

International President 2009-10: John Kenny, Rotary Club of Grangemouth, Scotland

Visiting Rotarians and Guests November 3, 2009

Johrita Solari, District Gov-Elect

Hunter Cook, Laguna Beach
Scott Jackson, Newport-Irvine
Pat Beckman, Guest

Tom Jackson, Guest
Nancy Goodlad, Guest
Dixie Clark, Guest
Cynthia Norman, Guest

Privacy

Any Club member desiring not to have their picture published in the newsletter should notify Caroline B. Babott, newsletter editor.