



NEWPORT BEACH SUNRISE ROTARY CLUB

Reflections at Sunrise

President	Mary Cockley	Membership	Reniero Francisco	Community Svc.	Syd Lucas
Pres. Elect	Tim Brown	Club Bulletin	Caroline Babott	Vocational Svc.	Tim Brown
Secretary	Cal Wallace	Programs	Gordon Bagne	Environm. Svc.	Chris Szechenyi
Treasurer	Christina Holliday	Fellowship	Jeff Heilesen	Public Relations	Laura Dietz
Club Svc.	Willis Longyear	Finemaster	R.Yuja, J.Hedlund	Srgt. at Arms	John Goodlad

President Mary Cockley rang the bell at 7:30 AM to open the January 27, 2009 meeting. She thanked Jill and the Five Crowns staff for their service.

Cal Wallace led the invocation, which was followed by Donna Cody leading the Pledge. Our song leader today was Bill Gibson.



Pam Iles greeting members and guests

January is Rotary Awareness month

Josephson Institute of Ethics

President Mary Cockley presented some thoughts from the Josephson Institute of Ethics

Assignments

	<u>Feb 3</u>	<u>Feb 10</u>
Invocation	Goodlad	Longyear
Pledge	Lind	Green
Song	Gregg	Kennedy



Members and Guests Singing

President Mary asked that we pray for 2 Rotary youth exchange students who

were killed in a drive-by shooting in Seattle, Washington.

Visiting Rotarians & Guests January 27, 2009

Rudy Baron, Guest of the Club
 Barry Lloyd, Rotary Club of Innisfail, Alberta, Canada
 Scott Jackson, Newport-Irvine
 Bobbie Cox, Laguna Beach
 Reza Mahdas, Newport-Irvine

Chuck Hirsch entertained us with some!

Rotary Calendar

- Feb 3 Craft Talks
- Feb 10 Sylvia Michler & Kimberly McKinney, The Girls of Kenya
- Feb 17 John Grande as Col. Joshua Chamberlain in the Battle of Gettysburg
- Feb 18 Board of Directors meeting 7:30 AM Coco's
- Feb 24 Judge Lindley, "A Special Courtroom," offsite visit to be confirmed.
- Mar 3 Dr Oliver H. Winn, Fossil Fuels, Civilization without Oil
- Mar 10 Vlade Roytapel, The Russian Dog Wizard-Dog Talk
- Mar 17 Shane Burkle, Water Conservation Coordinator, Newport Beach "Clean Water in Our City".
- Mar 18 Board of Directors meeting 7:30 AM Coco's
- Mar 24 Craft Talks

Off-Site Meeting

Gordon Bagne announced that the off site meeting for Tuesday, February 24, 2009 at 7:30 am has been confirmed. A sign-up sheet was passed around or you have already signed up in response to an e-mail from Willis

Longyear. Pam Iles, a friend of Judge Lindley, who has arranged for this off site meeting, asked that you arrive between 7:15 and 7:30 am. A continental breakfast will be provided. Directions will be provided.

Blue Badge Awarded

President Mary Cockley thanked Bill Gibson for all his work in mentoring the red badgers in earning their blue badges. Today she proudly presented Don Norman with his blue badge, earned in record time. Congratulations Don!



Don Norman and President Mary Cockley

Valentine Day Party

This years Valentine Day party will again be held at the home of Dickson and Lois Shafer on Saturday, February 14th at 6 pm. The cost is \$25 per person and your check, made payable to "Newport Beach Sunrise Rotary", is your reservation so get your checks to Christina Holliday.

Drug Court Graduation

Syd Lucas thanked John Hedlund, Clare Taber, Tom Egan and Patricia Bintliff for attending the Drug Court Graduation on Monday, January 26, 2009.

Group Exchange

The District Newsletter has a group study exchange of five from Bavaria Germany from District 1840 arriving here on March 22, 2009 and they will

be here for 4 weeks. The group consists of three woman and 2 men ranging in age of 28 to 34. If you are interested in hosting or entertaining the group please contact Willis Longyear.



Members Kimberly McKinney, Richard Green, Cynthia Pirtle, Rotary guest and Dickson Shafer enjoying conversation while waiting for breakfast

100% Paul Harris Club

Richard Hanki, International Foundation Chair, announced even though we became a 100% Paul Harris Club every member has contribute a minimum of \$100 per year. We also have 3 new members that he will be talking to.

Mini Club Directories

Tom Egan announced that there are mini pocket size directories available at the greeting table if you did not receive yours.

Fines

Fine Master John Hedlund started out with a joke so he paid \$2. John Gregg's youngest granddaughter, Courtney McCutchan, is on the La Canada volleyball team that won the CIF Championship and she was the MVP. He paid \$100 for the great newspaper article. Pam Iles announced that the Marines have agreed to fund 2 programs with \$100,000. One program have to due with 1,000 non commissioned officers and the other with 1,000 families and both having to do with combat stress. She paid \$25.

Successful Relationships

Reniero Francisco introduced Todd Creager, a licensed clinical social worker and licensed marriage, family and child therapist. Mr. Creager has been in private practice since 1982. In 1991-92 he did a specialty internship in Human Sexuality through the UCLA School of Medicine. His

therapy specialty is working with low sexual desire as well as couples therapy. Since then he has also got training as a business and life coach. He now has a hybrid career as a psychotherapist and business coach. His speaking career reflects his hybrid practice as well. He trains other therapists in the field of sex therapy and does presentations on how to attract success in one's business. He also serves as a business consultant to organizations that have relationship conflict and underachieving employees. The unifying concept in everything he does is that success has everything to do with relationship, and we need to learn how to bring the best out of others. That is the single most effective way to truly get what we want in life.

Mr. Creagar has just come out with a book called – *The Long, Hot Marriage*. The publicity for his book reads: . . .How would you like to have the **best** sex, the **best** intimacy and the **best** communication you have ever had, no matter how many minefields your marriage has encountered? And have your marriage go from snoring to roaring. The book sells for only \$20. Todd has been married for 24 years and has 2 daughters.



Todd Creagar, Life Coach

Raffle

Today's raffle was won by Caroline Babott.

Club Website

www.newportbeachsunrise_rotary.org

2008-2009 District 5320

District Governor: Roger McGonegal
District 5320 Office:

Jim deBoom PDG

District Website: www.rotary5320.org

User Name: Rotarian

Password rotary5320

Need a Make-up? Try:

Newport Irvine Rotary Club on Thursdays at 12 noon at the University Club on the UCI Campus

Newport Balboa Rotary Club on Wednesdays at the Bahia Corinthian Yacht Club, 1601 Bayside Dr., Newport Beach at 6:15 PM.

Laguna Beach Rotary Club on Fridays at 12:15 AT Hotel Laguna.

Catalina Weekend

Save the dates of May 15th through May 17th, in anticipation of finalization of plans for club members and spouses or significant others to take the boat from Newport Beach to Catalina to attend the annual Silent Movie Benefit on Saturday, and return home on Sunday. Plenty of time will be available on all three days for enjoying all sorts of island activity in Avalon and out on the Island, interspersed with dinner at the Longyear house Friday night, attending the silent movie, "The Black Pirate", starring Douglas Fairbanks Jr., followed by dinner in town on Saturday, and returning to Newport on Sunday.

We'll be putting together details in the next couple of weeks on where to get boat tickets, a short list among the many hotels to call for reservations, how to get theater tickets, and a listing of some of the many other activities available during the time we'll be there.

It will be helpful for us to know who among you might be interested in embarking on this adventure on the high seas -- so give us call, at 949-675-1180, or tap our email wdlongyear@gmail.com, with your early thoughts on the subject.



Don Norman and President Mary Cockley